



## AMERICA NEPAL MEDICAL FOUNDATION

### Board Meeting 8/25/24:

#### Attendance:

Bishnu Sapkota - P	Binod Khadka - P	Dilli Bhurtel - P	Upendra Kaphle- P	Suman Regmi - E	Rachna Tiwari- P
Narayan Neupane - P	Bhuphesh Khadka - P	Marvin Brustin JD - A	Binod Dhungana - P	Saroj Kandel - P	Swikrity U Baskota - E
Navin Raj Kaini - P	Santosh Sapkota - P	Raju Century - P	Jivan Lamichhane - P	Sandesh Pandit - P	Rajesh Pandey - P
Bikash Bhattarai - A	Kalpna Shrestha - P	Ganesh Chaudhary - P	Shradha Manandhar - P	Birendra Sah - P	Bivek Wagle - A

Non Board Members in attendance:

Sunil Sharma – ELC Chair

Libby Wilson- ELC Co-chair

Dinesh Subedi- 2025 AGM Organizing Committee Chair

#### Meeting start time: 8.00 PM EST

#### Agenda:

1. Board unanimously approved meeting minutes from the board meeting July 7, 2024.
2. **Finance update** was provided by Ms Kalpna Shrestha. Total revenue for the year 2024 till Aug 23rd has been \$267,363.15. With all the expenses and other allotments for recurring and future operations, unrestricted funds remaining for projects is \$104,819.26.
3. **Projects discussion:** New projects application review was provided by Rajesh Pandey. Detailed discussions were held on multiple projects.

Project 24NIRI001- Title: “Synthesizing Evidence on Physical Activity Report Card (Global Matrix 5.0) For Children And Adolescents In Nepal””. Board reviewed project committee recommendations. Denied by the board unanimously.

Project 24NSCM001 “Advanced Course On NCD” Denied by the board unanimously.

Project 24DHS001 “Dialysis Setup at District Hospital Sankhuwasabha”. Board reviewed project committee recommendations. Denied by the board unanimously in the

proposed status. Feasibility and sustainability of running dialysis in district hospital with poor vague proposal had too many concerns for board approval.

Project 24BNMT002: “Prevent TB To END TB” . Board reviewed project committee recommendations. Extensive discussion was done by the board. Treatment of latent TB with 3HP in the context of Nepal as a mass implementation is thought to be cost prohibitive, and large financial ask would mean the significant amount of unrestricted fund would go to the one project. Some members were affirmative regarding the implication of pilot study and could provide the path forward for latent TB in Nepal. The project was tabled for approval and was denied by majority vote (10 deny / 7 approve).

Project 24BF001 title: “State-Of-The-Art Autoclave”. Board reviewed project committee recommendations. Denied by the board unanimously.

Project 24NODF001 title: “Awareness Campaign- Organ Donation & Illegal Organ Trade by Nepal Organ Donation Foundation”, Amount: \$ 6835.25. This project was submitted prior to 28th annual general meeting. More information was asked from the applicant. Board reviewed project committee correspondence with applicant. Board approved the project unanimously.

**4. 29th Annual General Meeting Update:** Board was notified by president, Bishnu Sapkota, of the confirmation of date and venue. 29th ANMF AGM will be held in Washington DC, at Hilton Mclean Tysons Corner (Address: 7920 Jones Branch Dr, Mclean, Virginia, 22102), from June 13 to June 15, 2025. Organization committee will start building agendas and start preparation for sponsorship and program structure.

**5. ANMF Nepal Meeting overview:** Board was updated by Navin Kaini regarding the executive committee meeting between ANMF US and ANMF Nepal. ANMF Nepal asked for representation during AGM meetings with financial support for travel. Board members objected to the idea of travel support. Board discussed regarding professional grant writing support and looking into prospect of having grant writing expert from Nepal in the team.

6. Update on **follow up regarding round table discussion** focused on “Navigating the Path for US-Trained Physicians to practice and contribute towards building resilient healthcare systems in Nepal. Nepal medical council has announced separate, expedited pathway for non-resident Nepali physicians to provide temporary license for a maximum of one month, up to two times per year. Similarly expedient pathway to provide telemedicine support in collaboration with local physicians in Nepal will be created. Different clause in licensing examination and practice limitation was updated too. ANMF Nepal will continue to follow up with NMC / NMA in creating the streamlined pathway for US trained physicians to practice in Nepal.

**7. SUNY Upstate / American Society of Echocardiography (ASE), and KAHS collaboration for education/ research and longitudinal relations.** Dr Jivan Lamichhane updated proposed collaboration between SUNY Upstate, Washington University, ASE and Chinese society of echocardiography to fund a project in echocardiography in KAHS, Jumla including educational symposium, conduct research

study and build a longitudinal relationship between KAHS and other organizations involved. NAMS and Sahid Gangalal National Heart Center is also involved in preliminary discussions. Draft proposal is submitted here for grant application and review. The tentative start on the collaborative project will be spring of 2026. ERDC and Collaboration Committees can spearhead bilateral efforts once the project is started.

## 8. Committee reports

- IT Committee update – Report by Santosh Sapkota. New website work is underway, and lots of work has been done so far. IT team will work with project committee in updating the projects. New website can be viewed at [ANMF \(priaz.com\)](http://ANMF(priaz.com)) Please provide feedback to IT team.

- ERDC update – provided by Dilli Bhurtel- Committee restructuring underway. Working with ANMF Nepal in developing Education, Research and Development initiatives for Nepalese healthcare work force.

- Collaboration Committee update – provided by Upendra Kaphle. Committee restructure completed and first meeting conducted. Collaboration team to continue previous initiatives and expand on subspecialty discussions. Also looking into pilot project on hands-on clinical symposium in Nepal.

- Membership Committee update- provided by Saroj Kandel. Committee restructure completed and now focusing on increasing membership drive through regional approach.

- Mentorship Committee update- Swikriti Upadhya, unable to attend with travel issues.

- ELC update – provided by Sunil Sharma. 17 members Executive Leadership Council formed. Chair / Co-chair to provide updates regarding board discussions to ELC.

- Publication and PR Committee update by Binod Khadka- committee formed. Email has been sent to board. Publication committee asks for articles for publication to all the board members and committee chiefs.

**Meeting Adjourned:** 11.20 PM EST.

**Next Meeting:** November 17, 2024, 8 PM EST.