



AMERICA NEPAL MEDICAL FOUNDATION

Board Meeting 02/15/26:

Attendance:

Bishnu Sapkota - P	Binod Khadka - P	Dilli Bhurtel - P	Upendra Kaphle- P	Nita Thapa- E	Rachna Tiwari- E
Narayan Neupane - P	Bhuphesh Khadka - P	Samir Gautam - P	Binod Dhungana - P	Saroj Kandel - P	Shyam Poudel- P
Navin Raj Kaini - P	Santosh Sapkota - P	Raju Century - P	Jivan Lamichhane - P	Ananta Subedi- P	Rajesh Pandey - E
Bikash Bhattarai - P	Kalpna Shrestha - E	Ganesh Chaudhary - P	Shradha Manandhar - E	Birendra Sah - P	Bivek Wagle - A

Non-Board Members in attendance: None

Meeting start time: 8.00 PM EST

Agenda:

- 1. Approval of board meeting minutes** 11/16/2025 presented and approved unanimously.
- 2. ANMF Nepal Audit update** – Dr Sandhya Chapagain presented the audit report for ANMF Nepal. Auditor commented on the need of proper procurement process for any equipment above 100000 NRS needing procedures including bidding. Going forward, this will need to be placed on ANMF Nepal bylaws to align the process with mission and vision of ANMF Nepal. Dr Chapagain and board members commented on the need to focus more on capacity building and skills development.
- 3. ANMF Nepal Research Fund** – Dr Sandhya Chapagain presented the ANMF Nepal proposal of setting aside research fund of 10000 USD to encourage and help healthcare research work in Nepal. It will increase the visibility of ANMF. Board members commented that ANMF funded documents could be forwarded to ANMF for records.
- 4. Marvin Brustin Condolence** – ANMF is saddened by passing of its esteemed board member and fierce partner in improving healthcare access and quality in Nepal. Over the years, his commitment, leadership and generosity helped advance programs,

strengthen systems, and bring hope to communities that needed it most. ANMF Board observed a minute of silence to honor Marvin's memory, his service and the profound impact he made in countless lives.

5. 30th AGM Organization update- Narayan Neupane updated the board members regarding the work behind the scene for the 30th ANMF Annual General Meeting. The conference will be held in Chicago- The **Westin Chicago North Shore**, 601 N Milwaukee Ave, Wheeling, IL 60090, **on May 29-31st, 2026**. This years theme for the conference would be – “Advancing Preventive Care in Nepal”. “Hamro Event” will be the even manager for the program. Organizing committee is chaired by Narayan Neupane. Conference and Registration pages is live now. Early bird registration is open and will be extended till March 31th, 2026, with the cost of registration being 325\$. After April 1st 2026, the registration cost will go up to 355\$. Children 11 years and younger would be free registration with valid identification. Registration will include Friday evening dinner and culture program, Saturday lunch and Fund raising Gala Dinner. Breakfast will not be included. Coffee, snacks and water will be available during the conference time throughout Saturday. Conference will include guest speeches, round table discussion, CME, Youth Forum, Cultural program and fundraising gala. Gala only registration will be 150\$, and will open in May 2026.

Ananta Subedi proposed setting aside 500 USD for social media marketing for AGM. Board approved it unanimously. Bishnu Sapkota urged board members register as soon as possible for AGM, and encouraged all members to look for sponsors for the AGM.

6. ANMF – Dhulikhel Hospital Collaboration – Ananta Subedi shared the Memorandum of understanding between ANMF US and Dhulikhel hospital to expand Rheumatology service in Dhulihel hospital. MOU focused on curriculum development, education, case series and telemedicine. It is a nonbinding agreement and could work through ERDC committee and involve willing Rheumatologists and ANMF members including Asha Shrestha, Keshab Paudel, Rupak Thapa, Suraj Timilsina.

4. Committee reports - Committee reports provided by the chairs

- Finance report was shared with the board. **Attached finance report with this minutes***

- Project Committee update- Ganesh Chaudhary – recent project committee meeting minutes discussed.

Project committee also sent out a project evaluation form for review, which will be reviewed by board and members for formal posting online.

5. Projects discussion: New project application review was provided by Ganesh Chaudhary. Detailed discussions were held on projects.

26ANMF001: Project title: Prevalence of Common Mental Disorders and Associated Factors among Nepalese Post-Partum Women. Ask \$ 905 for the study on maternal mental health among women who may not actively seek psychiatric care at Paropakar Maternity and Women's hospital in Kathmandu. Board reviewed and discussed project committee's recommendation. Project committee noted that sample size of 105 cases could be low and may be underpowered. ANMF Nepal recommended the project conditional upon IRB clearance and revision of sample size. The project was approved by the board unanimously.

25MCTC001: Project Title- Visiting Fellowship to Inova Fairfax Hospital to initiate Lung Transplantation Program at MCVTC. Ask \$ 8558. Project was applied by Manmohan Cardio-Thoracic Vascular and Transplant Centre, which does not have SWC registration. Board discussed the project based on the merit. Given that there is no transplant provision or work in Nepal, this could be impactful and it's a nonprofit organization. However, the project application has to come through ANMF Nepal. Board approved Project committee recommendation for denial of current application and re-submission of the project through ANMF Nepal and doing email ballot for voting.

Board members discussed the idea of setting aside around 10000 yearly fund for capacity building projects like these in future.

25ISER001: Project Title: "Effectiveness of educating teachers, students, and municipal officers across the lowlands of Nepal in identifying medically important snakes and evidence-based measures for prevention and pre-hospital care of snakebites: A pre-post interventional study". Ask- \$ 76,459.41. Board reviewed and discussed project committee recommendations. There were concerns regarding sustainability, lack of collaboration and disproportionately high expenditures on salaries and travel. The project was unanimously denied.

25PAHS001 : Project title "Proposal to Strengthen the Skill Lab at Patan Academy of Health Sciences (PAHS)". Ask- \$ 25,000. The project requested the funding to procure modern simulation equipment and renovate an adjacent room, expanding the Skill Lab to 900 square feet. PAHS clarified that NAMS simulation lab could not be used due to long wait times. PAHS committed to sharing the expanded lab with other societies and institutions. Board reviewed project committee recommendations. Due to process issue, board denied the project. The project needs to be applied through ANMF – Nepal due to PAHS not being SWC registered. PAHS will have to reapply the project through ANMF-Nepal for consistency.

25WVAF001 : Project title – “Community-Based Dental Health Initiative” Ask- \$ 25000. Board reviewed project committee recommendations. Two medical colleges in the same area already conduct similar community dental programs and there will be duplication of services. Moreover, purchase of the equipment cannot be justified for screening. Board unanimously denied the project.

26TUBB001 : Project title “Blood Bank Equipment” Ask: \$ 104365.63. Board reviewed project committee recommendations. Project was applied by TU Lions Blood Transfusion and Research Centre to upgrade blood bank infrastructure through the procurement of specialized equipment such as platelet agitators and transport vehicles. Board discussed and approved partial funding up to the amount of \$ 10,000.

PAHS PICU project update- Board also discussed PAHS PICU project left over money reallocation proposal by PAHS in the amount of 779280 for the observership in Pediatric cardiac ICU under Dr Suchitra Ranjit, in Appollo hospital, Chennai, India. Dr Ranjit has graciously agreed to take fellows for observership. Board approved the diversion of fund to fellows observership in the above mentioned institution.

Secretary Report:

We will be sending out the application for new board membership and executive body over the next 1-2 months. Please submit the name of the enthusiastic individuals that could make a difference to our organizations cause. Also, we are looking into interest from board members on taking the role of executive body, including co-secretary, finance lead etc. Please reach out to the president, vice president or secretary regarding your interest.

Meeting Adjourned: 11.20 PM EST.

Next Meeting: Regular to be scheduled for May 3, 2026.

*Attached:

Financial Report

Profit and Loss

For year 2026, income from conference registrations totals \$1,300.

\$3,575 was received in 2025.

Total conference registration income received to date is \$5,375.

Hotel expenses paid to date total \$6,000, with an additional \$3,000 payable on March 28.

Due to limited activity during the year, there is a net loss of \$1,809.

Financial Position

As of the reporting date, total funds on hand amount to \$177,042.44.

After accounting for funds committed to the approved project and reserves for the conference, ANMF has \$44,042 in unrestricted funds.

Addendum:

26ANMF002: The project "Visiting Fellowship to Inova Fairfax Hospital to initiate Lung Transplantation Program at MCVTC" was discussed in principle in regular Board meeting. The web ballot was used to vote on the project via email sent out to the board members on March 23, 2026. The project was approved by majority vote with 2 recusals. (Addended date – 4/8/2026).